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CLAIMS

What is claimed:

- 1. A spectroscopic diagnostic system for measuring tissue comprising:
 - a laser emitting radiation in an infrared spectrum;
 - a fiber optic cable optically coupled to the laser that delivers the infrared radiation to a distal end of the fiber optic cable onto tissue and collects Raman shifted radiation from the tissue for delivery to a proximal end of the cable;

a spectral analyzer that is optically coupled to the fiber optic cable to receive the collected Raman shifted radiation from the fiber optic cable; and a charge coupled device detector that is optically coupled to the spectral

analyzer and that detects radiation received from the spectral analyzer.

- 2. The system of Claim 1 further comprising a data processor that removes background components from the detected light to provide corrected Raman spectral data and analyzes the corrected Raman spectral data to diagnose a condition of the portion of the tissue.
- 15 3. The system of Claim 2 wherein the detector detectes a plurality of Raman shifted frequencies such that the data processor analyzes the plurality of shifted frequencies to diagnose the tissue.
 - 4. The system of Claim 1 wherein the system collects light returning from the tissue for a period of 5 minutes or less.
- The system of Claim 1 wherein the laser emits light having an average incident power between 2 and 20 mW.
 - 6. A method of spectroscopic diagnosis of tissue of a patient comprising:

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irradiating a portion of tissue of a patient to be diagnosed with laser radiation directed onto the tissue through a fiber optic cable;

detecting light emitted by the portion of tissue in response to the radiation with a charge coupled device that is optically coupled to a proximal end of the fiber optic cable, the device collecting the light for a period of 5 minutes or less, the light having a Raman shifted frequency component different from the irradiating frequency;

processing the detected light to provide corrected Raman spectral data to diagnose a condition of the portion of tissue.

- 7. The method of Claim 6 wherein the detecting step further comprises detecting a plurality of Raman shifted frequency components and background light components and the analyzing step further comprises analyzing the plurality of Raman shifted frequency components to diagnose the tissue.
- 8. The method of Claim 7 further comprises removing the background light components from the detected light to leave substantially the Raman shifted frequency light components.
 - 9. The method of spectroscopic diagnosis of Claim 6 further comprising coupling the laser radiation from a laser radiation source to a fiber optic cable to transmit the laser radiation onto the portion of tissue.
- 20 10. A method of spectroscopic of arterial tissue comprising:

positioning a probe containing a light transmitting fiber optic cable adjacent to a portion of tissue within an artery of a patient to be diagnosed; directing excitation light onto a portion of tissue, the light having a

frequency within an infrared spectral range;

collecting light emitted by the portion of tissue in response to the excitation with the probe for a period of 5 minutes or less, the light having a Raman shifted frequency different from the frequency;

transmitting the collected light to a proximal end of the probe;

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detecting the collected light with a charge coupled device that is optically coupled to the proximal end of the probe;

removing background components from the detected light to provide corrected Raman spectral data; and

analyzing the corrected Raman spectral data received at the proximal end to diagnose a condition of the portion of the tissue.

- 11. The method of spectroscopic diagnosis of Claim 10 wherein the detecting step further comprises detecting a plurality of Raman shifted frequencies and the analyzing step further comprises analyzing the plurality of shifted frequencies to diagnose the tissue.
- 15 12. The method of spectroscopic diagnosis of Claim 10 wherein the fiber optic cable receives light from the tissue and delivers the received light to a spectrometer.
 - 13. The method of Claim 10 further comprising providing a laser light source that emits light having an average incident power in a range from 2 to 20 mW.
- 14. A spectroscopic diagnostic system for analyzing tissue of a patient comprising:
 20 a laser system emitting laser radiation at an excitation wavelength in a
 range between 750nm and 1050nm;

a fiber optic cable coupled to the laser to deliver the laser radiation to a distal end of the fiber optic cable and onto tissue and to collect Raman shifted radiation having a component wavelength different from said excitation

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wavelength that is emitted by the tissue for a period of 5 minutes or less for delivery to a proximal end of the cable;

a spectral analyzer that is optically coupled to the fiber optic cable to receive the collected Raman shifted radiation, the spectral analyzer comprising a spectrometer that generates a spectrum of the collected Raman shifted radiation and a charge coupled device that detects the generated spectrum; and

a data processor that processes the detected Raman shifted radiation to provide corrected Raman spectral data.

- 15. The system of Claim 14 wherein the laser emits an average incident power in a range from 2 to 20 mW.
 - 16. The system of Claim 14 further comprising a plurality of filters positioned to filter the collected light.
 - 17. The system of Claim 14 wherein the system collects returning light for 8 seconds or less to generate spectral data for a region of interest.
- 15 18. The system of Claim 14 wherein the excitation wavelength is in a range of 800 to 900nm.